**24 Hour Prayer – Ideas to get us started!**

|  |  |  |  |
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| **Time** | **Form of Prayer** | **Leader** | **Resources needed** |
| 6pm |  |  |  |
| 7pm |  |  |  |
| 8pm |  |  |  |
| 9pm |  |  |  |
| 10pm |  |  |  |
| 11pm |  |  |  |
| Midnight |  |  |  |
| 1am |  |  |  |
| 2am |  |  |  |
| 3am |  |  |  |
| 4am |  |  |  |
| 5am |  |  |  |
| 6am |  |  |  |
| 7am |  |  |  |
| 8am |  |  |  |
| 9am |  |  |  |
| 10am |  |  |  |
| 11am |  |  |  |
| 12noon |  |  |  |
| 1pm |  |  |  |
| 2pm |  |  |  |
| 3pm |  |  |  |
| 4pm |  |  |  |
| 5pm |  |  |  |

Notes –

Think about Prayer Stations around church

Intercessions – requests from diocese (and beyond) could be sent in

Food – tea and coffee with biscuits, crisps and snacks (cereal bars/ nuts/ fruit etc) available throughout. (Overnight food ideas c/o Hartlepool deanery youth prayover)

* After 9pm prayer – fish and chips (order in advance)
* Midnight – toasting marshmallows in fire-pit (this was actually at 4am but would be better in the dark). Alternatively, pizza, here or at 1am?
* After sunrise service – toast and toppings
* 6/7am – sausage/ bacon butties (depending on time young people’s shift ends)
* 8am – Toast and toppings
* 12noon – sandwiches
* 3/4pm – Ashington scrummy specials (cakes and scones!)

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| Catering & Refreshments | |
| Who is to help with this |  |
| Drinks – tea/coffee/juice |  |
| Food |  |
| Plates/cups/cutlery  (disposable?) |  |
|  |  |